



4/10 schedule vs 9/80 schedule

4/10

4 workdays
10 hours per day
1-week period

Week 1

Week 2

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 1	10	10	10	10	OFF	OFF	OFF
Week 2	10	10	10	10	OFF	OFF	OFF

9/80

9 workdays
80 hours
2-week period

Week 1

Week 2

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 1	9	9	9	9	8	OFF	OFF
Week 2	9	9	9	9	OFF	OFF	OFF