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Occupational Therapist

Occupational therapist with nearly seven years of experience in a hospital setting. Committed to helping patients regain independence and navigate a smooth return to daily life following recovery from illness, injury, or major surgery. Build productive relationships with nurses, providers, case managers, physical therapists, and respiratory therapists. Expertly balance various duties and priorities in a fast-paced healthcare environment.

Professional Experience

Occupational Therapist NY-Presbyterian Hospital, New York, NY | April 2019 - Present

- Guide patients through ADLs such as bathing, dressing, and food preparation to support recovery and gauge readiness for discharge from hospital
- Collaborate with physical therapist to help determine and recommend the next phase of each patient's recovery, drawing on broad knowledge of available rehab, home health, and other services
- Recommend appropriate DME such as wheelchairs, walkers, and leg braces
- Praised by colleagues and managers for outstanding efficiency, collaboration, and dedication to patient outcomes

Occupational Therapist Tisch Hospital, New York, NY | July 2015 - April 2019

- Assisted patients with ADLs to facilitate recovery and discharge planning
- Consulted with patients to discuss and clarify their goals for regaining mobility and resuming daily work and life activities
- · Maintained open communication with nurse staff, offering a detailed update after each patient consult
- Developed and honed strong skills in patient relations and team collaboration

Education

Master of Science (MS) in Occupational Therapy Columbia University, New York, NY | July 2011 - April 2015

Bachelor of Science (BS) in Psychology University of Syracuse, New York, NY | June 2007 - March 2011

Key Skills

- Cross-functional collaboration
- DME
- Home and workplace evaluation
- Hospital discharge planning
- Patient and family relations
- Patient consult and assessment
- Reporting and documentation
- Task prioritization

Certifications

Certified Therapist (National Board for Certification of Occupational Therapy (NBCOT)) | October 2015