

BLACK HISTORY MONTH 2025

MON. 02/03 - 03/31 D.O.P.E.

(Deconstructing Oppressive Perceptions in Education)

An 8-week support and process group serving as a counter space for self-identified Black males at ODU. Registration is required. Please contact Clarence Bumpas via email at cbump001@odu.edu for more information.

Mondays, 6:00pm - 8:00pm

TUE. 02/04 BHM KICKOFF

Join the Office of Intercultural Relations, African Student Association, Black Student Alliance, Brother2Brother, Caribso, Ebony Impact Gospel Choir, NAACP, and more to kick off Black History Month!

South Mall - Webb Center, 12:30pm - 1:30pm

TUE. 02/04 BHM CAFE CHEF SPOTLIGHT: CHICKEN COOK-UP RICE BOWL

Monarch Dining and the Office of Intercultural Relations are excited to introduce the February 4th Chef Spotlight featuring Chef Dillon Smart's Chicken Cook-Up Rice Bowl.

Broderick Dining Commons, 12:00pm - 2:00pm

THUR. 02/06 AUX BATTLE

Who has the best playlist of all? Find out at Brother2Brother's AUX Battle!

North Mall - Webb Center, 12:30pm - 1:30pm

THUR. 02/06 CANVAS N' CULTURE

The Black Student Alliance will be hosting a paint night to highlight the cultural importance of art and creativity in Black History.

Portsmouth Room - Webb Center, 6:00pm - 8:30pm

THUR. 2/06 PTRD: LOOKING AT THE HEALTH CRISIS OF RACISM

Join the Office of Institutional Equity and Diversity for an illuminating community conversation titled "Post Traumatic Racism Disorder (PTRD): Looking at the Health Crisis of Racism and How Belonging Can Bring About Health Equity," supported by the NEA Big Read Grant. Dr. Gregory Hutchings, author of "Getting into Good Trouble at School" will lead us in a deep exploration of the intersection between racism and health.

Chartway Arena, 6:30pm onward

SAT. 02/08 NATIONAL MUSEUM OF AFRICAN AMERICAN HISTORY & CULTURE D.C. DAY TRIP

Join Student Engagement and Traditions and the Office of Intercultural Relations for an unforgettable trip to the Smithsonian National Museum of African American History and Culture in Washington, D.C.! We are excited to explore, connect, and reflect on the rich and complex history of African American experiences, contributions, and culture. Participants must be currently enrolled ODU students and please register at <https://cglink.me/2cN/s95275>.

Washington D.C.

TUE. 02/11 BHM CAFE CHEF SPOTLIGHT: WHITE CHOCOLATE BANANA PUDDING

Monarch Dining and the Office of Intercultural Relations are excited to introduce the February 11th Chef Spotlight featuring Chef Terrance Murphy's White Chocolate Banana Pudding.

Broderick Dining Commons Rotunda, 12:00pm - 2:00pm

TUE. 02/11 TESTING TUESDAY: NATIONAL BLACK HIV/AIDS AWARENESS DAY

Recreation and Wellness Health Promotion, Women's and Gender Equity Center, and Student Health Services will be providing free STD/STI testing in recognition of National Black HIV/AIDS Awareness Day. The LGBT Life Center will be available to perform rapid tests for a variety of STDs/STIs like HIV, chlamydia, and syphilis. Registration is required but walk-ins may be seen based upon availability.

Student Recreation & Well-Being Center Suite 2402, 11:00am - 3:00pm

TUE. 02/11 HOT GIRL WALK: STRIDE THROUGH HISTORY

Join Recreation and Wellness Health Promotion for Fitness for a Hot Girl Walk that focuses on Black History Month and honoring Black excellence! We will walk a path through our campus' rich history, empowering each other every step of the way.

Student Recreation & Well-Being Center Health Commons, 3:30pm

THUR. 02/13 OUR CROWNS ARE STRENGTHENED: CONNECTING IN COMMUNITY

Join Black faculty, staff, and students for connection, camaraderie, and community!

North Cafe - Webb Center, 12:30pm - 1:30pm

TUE. 02/18 BHM CAFE CHEF SPOTLIGHT: CATFISH ESCOVITCH PLATE

Monarch Dining & the Office of Intercultural Relations are excited to introduce the February 18th Chef Spotlight featuring Chef Maya Feller's Catfish Escovitch plate.

Rogers Riverside Cafe- Roger Hall, 12:00pm - 2:00pm

TUE. 02/18 OUT OF THE BLUE JAZZ NIGHT

Presented by Women's and Gender Equity Center, come learn traditional jazz dances, listen to jazz music, and practice the dances!

North Cafe - Webb Center, 6:00pm - 8:00pm

WED. 02/19

THRIVE & SHINE: A WELLNESS CIRCLE FOR BLACK WOMEN

An empowering gathering created specifically for Black women to prioritize self-care, wellness, and connection. Engage in rejuvenating wellness activities, connect with others who understand your journey, and gain valuable insights into resources and support services for mental health.

Chesapeake/Portsmouth Room - Webb Center, 5:30pm - 7:30pm

THUR. 02/20 WHEN I GROW UP, I WANT TO BE...

Center for Career and Leadership Development presents an opportunity for Black alumni panel students to have the opportunity to hear from Black ODU alumni about their career journeys and gain valuable advice and encouragement as they navigate their college experience and future careers.

Chesapeake Room - Webb Center, 12:30pm - 1:30pm

THUR. 02/20 CHOREOGRAPHING COLORISM

An interactive lecture and workshop program by Dominique Dempsey discussing how Black choreographers utilize the art of dance to inform and empower. The audience will then be encouraged to create their own choreography!

Barry Art Museum, 12:30pm - 1:30pm

THUR. 02/20 BSA'S BHM ACTIVITY HOUR

Students will have an opportunity to learn about the Black Student Alliance and participate in a game for a prize.

South Mall - Webb Center, 12:15pm - 1:30pm

THUR. 02/20 MONARCH SPOKEN WORD NIGHT

Join us for an inspiring evening with Dr. Jane E. Alberdeston as she explores the evolution of poetry in the African American community and its powerful role in shaping culture and expression. Monarchs are invited to share their own poetry in an open mic session, celebrating the rich tradition of spoken word as a tool for storytelling.

Hampton Newport News Room - Webb Center, 6:30pm onward

FRI. 02/21 R&B PAINT NIGHT

Join the Student Activities Council for R&B Paint Night where you can jam out to R&B and paint vinyl coasters.

North Cafe & River Rooms - Webb Center, 7:00pm - 9:00pm

TUE. 02/25 BHM CAFE CHEF SPOTLIGHT: PERI PERI CHICKEN SANDWICH

Monarch Dining and the Office of Intercultural Relations are excited to introduce the February 25th Chef Spotlight featuring Chef Brent Loving's Peri Peri Chicken Sandwich (deconstructed) paired with Jollof Rice.

Broderick Dining Commons Rotunda, 12:00pm - 2:00pm

A CELEBRATION OF BLACK TUE. 02/25 EXCELLENCE: HEART HEALTH AND WELLNESS IN THE COMMUNITY

Show your heart some love by taking good care of it! Learn about healthy foods and exercises that can support your heart health. Your ODU fit fam will be sharing fitness classes that offer a great cardio workout and sample workouts to try on your own, plus our campus dietitian will be offering free samples of a heart-healthy snack! Learn more about cardiovascular risks and prevention methods.

South Mall - Webb Center, 12:00pm - 2:00pm

TUE. 02/25 MOVIE SHOWING: HIDDEN FIGURES

Join the Office of Intercultural Relations for a screening of *Hidden Figures*! *Hidden Figures* tells the inspiring story of three African-American women - Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer), and Mary Jackson (Janelle Monáe) - who broke barriers at NASA's Langley Research Center in Hampton, VA, during the Space Race, transforming STEM forever.

Planetarium, 7:00pm onward

THUR. 02/27 HOT CHOCOLATE & BHM TRIVIA

Join Student Engagement and Traditions for Hot Chocolate and the chance to win a prize for answering Black History Month trivia!

Reign Train on Kauffman Mall, 12:30pm - 1:30pm

THUR. 02/27 #REALTALK: WHERE DO WE GO FROM HERE?

The Black Student Alliance is hosting the "#RealTalk: Where Do We Go From Here?" to discuss continued progression in the Black community.

Cape Charles Room - Webb Center, 6:00pm - 8:00pm

FRI. 02/28 BLACK EXCELLENCE GALA

The Black Excellence Gala is an annual event to highlight and uplift Black voices on campus with a night of glamour and celebration. This formal event is meant to celebrate Black organizations and students on campus at the end of Black History Month.

North Cafe - Webb Center, 6:00pm - 9:00pm

SCAN TO LEARN MORE!

