

GOVERNMENT OF PAKISTAN
MINISTRY OF RELIGIOUS AFFAIRS
AND INTERFAITH HARMONY

F. No. 3(1)/2025-PW

Islamabad, the 28th August, 2024

Subject: Health Requirements and Guidelines for Hajj Pilgrims for the Hajj Season 2025

I am directed to refer to the captioned subject and to state that Ministry of Hajj & Umrah, Kingdom of Saudi Arabia has issued health requirements and guidelines for the Pakistani Hajj Pilgrims for Hajj Season 2025 and emphasized that countries from which pilgrims are departing must ensure compliance with the following health criteria:

- i. **Advanced Kidney Failure:** Individuals requiring hemodialysis or peritoneal dialysis are not permitted to undertake the pilgrimage.
- ii. **Advanced Heart Failure:** Pilgrims with symptoms manifesting even at rest or with minimal exertion are deemed unfit for the Hajj.
- iii. **Chronic Lung Diseases:** Those requiring intermittent or continuous oxygen therapy are ineligible.
- iv. **Advanced Liver Cirrhosis:** Conditions accompanied by signs of liver failure, such as ascites, variceal bleeding, or episodes of syncope, preclude participation.
- v. **Severe Neurological and Psychological Conditions:** Individuals with cognitive impairments or severe motor disabilities that hinder their ability to perform rituals are not permitted.
- vi. **Elderly with Dementia:** Advanced age accompanied by dementia disqualifies individuals from the pilgrimage.
- vii. **Pregnancy:** pregnant women in the last two months or those with high-risk pregnancies at any stage are prohibited from participating.
- viii. **Active Infectious Diseases:** Individuals with active infectious diseases posing public health risks, such as open pulmonary tuberculosis or hemorrhagic fevers, are barred from entry.
- ix. **Cancer Patients:** Active cancer patients currently undergoing chemotherapy are not eligible to participate.
- x. **Children Under 12 years:** Minors under the age of 12 are not permitted to participate in the Hajj.
- xi. **Mandatory Vaccination:** Neisseria meningitis vaccine, SARS-CoVs-2 Corona (Covid-19), Seasonal Influenza Vaccine, Poliomyelitis vaccination.

2. The above mentioned requirements and guidelines for Hajj-2025, will also be incorporated in Hajj Policy & Plan 2025. Further, it is being circulated for the information of general public and stakeholders etc for strict compliance.


(Nasir Aziz Khan)
Deputy Secretary (HO)

28/8/24

Copy to:

- i. All Hajj Directorates in Pakistan / KSA
- ii. Chairman, HOAP
- iii. DS (HP), with the request to incorporate the same in Hajj Policy & Plan-2025
- iv. AD (server room), with the request to upload on website
- v. AD (Media), with the request to widely circulate
- vi. AD (I.T), with the request to update medical form accordingly for Hajj-2025

Copy for information to:

- i. PS to Minister for RA & IH, Islamabad.
- ii. PS to Secretary, MORA&IH
- iii. APS to Joint Secretary (Hajj), MORA&IH.