

GROWING CHART

VEGETABLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	INSIDE	OUTSIDE	HOW	PLANT SPACING
Artichokes (globe)													X		Pot > TP	1m
Aubergine													X		Pot > TP	60cm
Basil													X	X	Mod > TP	25cm
Beetroot													X		Mod (m) > TP or D	15cm
Beans (broad)													X		Direct	20cm
Beans (French)													X	X	Mod > TP or D	20cm
Beans (runner)													X		Mod > TP or D	20cm
Broccoli													X		Mod > TP	45cm
Brussels sprouts													X		Mod > TP	20cm
Cabbage (summer, autumn)													X		Mod > TP	30cm
Cabbage (winter)													X		Mod > TP	50cm
Carrots													X		Direct	5cm
Cauliflower (winter)													X		Mod > TP or D	60cm
Celery													X		Mod > TP or D	30cm
Chard, perpetual spinach													X	X	Mod (m) > TP or D	30cm
Chicory													X		Mod > TP or D	30cm
Coriander													X	X	Mod (m) > TP or D	25cm
Courgette													X		Pot > TP	60cm
Cucumber													X		Pot > TP	60cm
Dill & herb fennel													X		Mod (m) > TP or D	25cm
Eddle flowers													X		Mod > TP or D	30cm
Endive													X	X	Mod > TP or D	25cm
Fennel (bulb)													X	X	Mod > TP	30cm
Garlic													X		Direct	15cm
Kale													X		Mod > TP or D	40cm
Leks													X		TP or Direct	15cm
Lettuce													X	X	Mod > TP or D	25cm
Onions													X		Mod > TP or D	10cm
Parsley													X	X	Mod (m) > TP or D	25cm
Parsnips													X		Direct	15cm
Peas													X	X	Mod > TP or D	10cm
Pepper, chillies													X		Pot > TP	45cm
Potatoes													X		Chit, Direct	30cm
Radish													X		Direct	30cm
Salad leaves (summer)													X	X	Mod (m) > TP or D	20cm
Salad leaves (winter)													X	X	Mod (m) > TP or D	20cm
Spinach (true)													X	X	Mod (m) > TP or D	30cm
Spring onions													X	X	Mod (m) > TP or D	15cm
Squash, pumpkins													X		Pot > TP	80cm
Sweetcorn													X		Mod > TP or D	45cm
Tomatoes													X	X	Pot > TP	50cm
Turnips													X		Direct	30cm

A NOTE ABOUT SOWING

The most foolproof way to raise most seedlings is in module trays, in a greenhouse or makeshift cold frame. Use a seedling compost and press down well in trays. As a general rule sow seeds twice as deep as the size of the seed and cover with a little compost. Then water thoroughly but gently. After the seedlings emerge, water them daily until big enough to harden off before planting out. This ensures protection from pests and elements in the fragile nursery stage until the seedlings are more robust.

Direct sowing in the ground is quicker, however the plants may face more potential pests and weed competition at vital

KEY FOR CHART ABOVE

Mod	Sow in module trays
Pot	Sow in small pots
>TP	Transplant into ground when big enough/roots start appearing from bottom of tray