



ICON LEGEND

Instant Joy

Easy Win

Dig In

Task 1

Declutter One Spot &
Set Up an Outbox



Task 2

Make a Cleaning
To-Do List



Task 3

Do a 3-Minute
Surface Sweep



Task 4

Clear the Clutter
in Any Room



Task 5

Pick a Task &
Treat Yourself



Task 6

Use the One-Word
Method



Task 7

Create an
Intentions List



Task 8

Start a Living
Room Reset



Task 9

Step Up Your Routine



Task 10

Pick a Task &
Treat Yourself



Task 11

Follow the
2-Minute Rule



Task 12

Do an Audit of
Your Home



Task 13

Get Your Toolkit
Together



Task 14

Start Your Home
Maintenance Project



Task 15

Pick a Task &
Treat Yourself



Task 16

Set Up a Home
Landing Strip



Task 17

Find & Frame
Some Art



Task 18

Give Your Shelf a
Mini Makeover



Task 19

Style Your Sofa



Task 20

Enjoy Your Home

