

## Projection for 2025 Social Security COLA

Year	CPI-W July	CPI-W Aug	CPI-W Sept	3rd quarter total	Average	Next year % Increase	
2024 - 0.3%	308.978	309.905	310.835	929.718	309.906	2.9%	
2024 - 0.2%	308.670	309.287	309.906	927.864	309.288	2.7%	
2024 - 0.1%	308.362	308.670	308.979	926.012	308.671	2.5%	
2024 - 0.0%	308.054	308.054	308.054	924.162	308.054	2.3%	
2023	299.899	301.551	302.257	903.707	301.236	3.2%	
2022	292.219	291.629	291.854	875.702	291.901	8.7%	
2021	267.789	268.387	269.086	805.262	268.421	5.9%	
2020	252.636	253.597	254.004	760.237	253.412	1.3%	
2019	250.236	250.112	250.251	750.599	250.200	1.6%	
2018	246.155	246.336	246.565	739.056	246.352	2.8%	
2017	238.617	239.448	240.939	719.004	239.668	2.0%	
2016	234.771	234.904	235.495	705.170	235.057	0.3%	vs 2014
2015	233.806	233.366	232.661	699.833	233.278	0.0%	
2014	234.525	234.030	234.170	702.725	234.242	1.7%	
2013	230.084	230.359	230.537	690.980	230.327	1.5%	
2012	225.568	227.056	228.184	680.808	226.936	1.7%	
2011	222.686	223.326	223.688	669.700	223.233	3.6%	vs 2008
2010	213.898	214.205	214.306	642.409	214.136	0.0%	vs 2008
2009	210.526	211.156	211.322	633.004	211.001	0.0%	
2008	216.304	215.247	214.935	646.486	215.495	5.8%	
Note: CPI-W in June 2024 was 308.054, a 12-month increase of 2.9%							
Source: U.S. Bureau of Labor Statistics							