

5 JAKARANDA STR. MIDDELBURG

ENTER ONLINE: WWW.PEAKTIMING.CO.ZA
COLLECTION & LATE ENTRIES:
24 JANUARY FROM 16:30 - 18:00
25 JANUARY FROM: 5:00 - 5:50
32KM-R200

START 6:00

PRIZE: OPEN 1ST R700 2ND R600 3RD R500

PRIZE: OPEN 1ST R800 2ND R700 3RD R600 40+ R300 50+ R300 60+ R300 70+ R300

42.2KM - R250

START 6:00

15KM - R200 **START 6:10**

21.1KM - R180 START 6:10 PRIZE:

AMS 2025 T-SHIRT

R150

42.2km, 32km, 21,1km, 15km & 10km PRIZE: 2km 21.km OPEN IST R500 2ND R400 3RD R300 40+ R150 50+ R150 60+ R150 70+ R150

OPEN 1ST R600 2ND R500 3RD R400 40+ R200 50+ R200 60+ R200 70+ R200 WALKER IST R350 2ND R250 3RD R150

10KM - R120 **START 6:10** PRIZE:

40+ R250 50+ R250 60+ R250 70+ R250

OPEN IST R400 2ND R300 3RD R200 40+ RI00 50+ RI00 60+ RI00 70+ RI00 WALKER IST R300 2ND R200 3RD R100 JNR RI50

AVAILABLE ONLINE available

Food Stalls

ENTRIES OPEN: 25 OCTOBER 2024 - 20 JANUARY 2025

CHARMAINE 0832929207 CLUB 0725937346

ASA RULES APPLY

- No Seconding will be allowed
- No Earphones, or audio devices allo
- · No dogs
- Obey traffic Officials and Marshals
- Ages on race day: 10km must be 14yrs or older, 15km must be 15yrs or older, 21.1km must be 16yrs or older, 32km must be 19yrs or older, 42.2km must be 20yrs or older Races presented according to the ASA, WA & AMPU House rules
- All Athletes will participate at their own risk
- Proof of age to be produced upon request on the day of race and for collecting prize money
- Photo's will be taken during the race and will be posted on social media
- Registered Athletes must wear full club clothes, and 2024/2025 license numbers
- Age category ID tags must be worn (back and front) by Athletes competing for category
- ASA license number on the FRONT and BACK of the vest.
- Race number worn on front of vest and must not cover the ASA sponso
- Temporary license on the front of the vest. Tear-off slip must be completed
- Parking at own risk
- 12% Levy of entry fee must be paid over to Athletics Mpumalanga by the race organizers
- Athletes entering for this event and use medication fall under the prohibited list and should complete a THERAPEUTIC USE EXEMPTION (TUE) form before entering the race to obtain authorization from SAIDS to take the needed medicine or method.
- I declare that I run at my own risk and indemnify the organizers, sponsors and any responsibility for injury or loss



