

Cosmic Lunar Calendar



2025

SOUTHERN HEMISPHERE



PLANTING GUIDE

- FULL MOON PHASE:** PICK MEDICINAL HERBS AND TREES
SOW OR TRANSPLANT ROOT CROPS AND BULBS
When the moon is full, the plants are at their most powerful. This is the best time to plant root crops and bulbs. The plants will be strong and healthy.
- LAST QUARTER PHASE:** RISE AND CULTIVATE THE SOIL
As the moon wanes, the soil becomes more fertile. This is the best time to prepare the soil for planting.
- NEW MOON PHASE:** SOW OR TRANSPLANT LEAFY GREENS AND GRAINS
The new moon is the best time to plant leafy greens and grains. The plants will grow quickly and be healthy.
- FIRST QUARTER PHASE:** SOW OR TRANSPLANT FRUITING PLANTS
The first quarter moon is the best time to plant fruiting plants. The plants will be strong and healthy.

SOUTHERN HEMISPHERE MOON PHASES

MOON PHASE	DATE
NEW MOON	1st Jan
WAXING CRESCENT	1st Feb
FIRST QUARTER	1st Mar
WAXING GIBBOS	1st Apr
FULL MOON	1st May
WAXING GIBBOS	1st Jun
LAST QUARTER	1st Jul
WAXING CRESCENT	1st Aug

WHEEL OF THE YEAR SOUTHERN HEMISPHERE

CELESTIAL EVENT	DATE
LARIAS (First Harvest)	1st Jan
MABON (Autumn Equinox)	23rd Feb
OSTARA (Spring Equinox)	21st Sep
LITHA (Summer Solstice)	22nd Dec