7533 in the Byzantine Calendar (NC)

- On Sundays and on Feasts of (2024 Gregorian) the Lord, the Orthodox Faithful do not do prostrations except if the Feasts of the Holy Cross fall on a Sunday.
- The first day of Lent (3 Mar) is traditionally a total fast from all food. Seek the advisory of your spiritual father.
- The Fast for the Crucifixion (18 Apr) is traditionally a total fast from all food. Seek the advisory of your spiritual father
- From Pascha until the Feast of the Ascension, we do not begin our prayers with "O Heavenly King." Instead, we begin our
- prayers with the Paschal Troparion: "Christ is Risen from the dead, trampling down death by death, and upon those in the tombs bestowing life!"
- We resume saying "O Heavenly King" after Pentecost, because this is when we commemorate the Holy Ghost descending upon the world and this prayer is directed to Him.
- Because the time from Pascha until Pentecost is considered to be Pascha, and therefore a Feast of the Lord, we do not do any prostrations in this time.

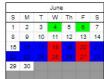


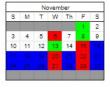


May						
S	M	Т	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13		15	16	17
18	19	20	21	22	23	24
25	26	27		29	30	31



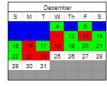


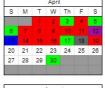


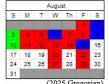












(2025 Gregorian)

LEGEND:

Abstain from Meat, Dairy, Eggs, Fish, Wine, Olive Oil Fish Eggs Allowed, Abstain from Meat, Dairy, Eggs, Fish Abstain from Meat, Dairy, Eggs, Fish Abstain from Meat, Dairy, Egg Abstain from Meat

Feasts and Fast

Sep 1 - Ecclesiastical New Year Sep 8 - Nativity of the Mother of God Sep 14 - Exaltation of the Holy Cross Nov 8 - Synaxis of the Archangels Nov 15 - Dec 24 - Nativity Fast Dec 6 - Saint Nicholas of Myra Dec 25 - Christmas

Jan 1 - Circumcision of Jesus Christ Jan 6 - Theophany

Jan 7 - Synaxis of Saint John the Baptist Jan 30 - Synaxis of the Three Holy Hierarchs Feb 2 - Presentation of Christ in the Temple Feb 9 - Sunday of the Publican and Pharisee Feb 16 - Sunday of the Prodigal Son Feb 23 - Judgement Sunday (Meatfare) Mar 2 - Forgiveness Sunday (Cheesefare) Mar 3 - Lent Begins (Clean Monday) Mar 9 - The Triumph of Orthodoxy Mar 16 - Sunday of Saint Gregory Palamas Mar 23 - Sunday of the Holy Cross Mar 25 - Annunciation of the Mother of God Mar 30 - Sunday of Saint John of the Ladder

Apr 6 - Sunday of Saint Mary of Egypt Apr 12 - Lazarus Saturday Apr 13 - Palm Sunday Apr 13 - Apr 19 - Holy Week Apr 18 - The Crucifixion Apr 20 - Pascha | Easter Apr 20 - Apr 26 - Bright Week May 14 - Mid-Pentecost

May 29 - The Ascension of Jesus Christ Jun 8 - Descent of the Holy Ghost | Pentecost Jun 9 - Monday of the Holy Ghost Jun 16 - Jun 28 - The Apostle's Fast Jun 29 - Holy Apostles Peter and Paul Aug 1 - Aug 14 - Dormition Fast Aug 15 - The Dormition of the Mother of God Aug 29 - Beheading of Saint John the Baptist Aug 31 - Placing of the Holy Belt