

## Information

Resources

**Support** 

Community

Enhancing the quality of life for caregivers and their loved ones

## **ACAP Hall County Meetings**

WHEN: Second Tuesday of every month
TIME: 10:00 am - 11:00 am
WHERE: Legacy Link
4080 Mundy Mill Rd

Oakwood, GA 30566





## ACAP Hall County 2025 Program Schedule

January 14	Finding and Using Senior Services in Your Local Community
February 11	Coping with Sensory Changes in Older Adults
March 11	Family Dynamics and Issues in Caring for a Parent
April 8	Communicating with Someone Living with Alzheimer's and Other Dementias
May 13	Safely Staying Put: Aging in Place
June 10	Senior Services: Understanding Eligibility and Managing Paperwork
July 8	The Importance of Being Socially Engaged and Active
August 12	From Driving to Passenger: Transitions for Older Adults
September 9	Medicare & SHIP: The Must-Knows
October 14	Living Well with a Parent with Dementia: Responding to Changes
November 11	Morning Stretch: Movement for Older Bodies
December 9	Recognizing and Reducing Caregiver Compassion Fatigue