



## January 2025

Goal of the month: .....

| SUNDAY | MONDAY             | TUESDAY | WEDNESDAY           | THURSDAY | FRIDAY | SATURDAY |
|--------|--------------------|---------|---------------------|----------|--------|----------|
| 29     | 30                 | 31      | 1<br>New Year's Day | 2        | 3      | 4        |
| 5      | 6                  | 7       | 8                   | 9        | 10     | 11       |
| 12     | 13                 | 14      | 15                  | 16       | 17     | 18       |
| 19     | 20<br>M L King Day | 21      | 22                  | 23       | 24     | 25       |
| 26     | 27                 | 28      | 29                  | 30       | 31     | 1        |