

2025 Goal-Setting Worksheet

Minimalist Design | 8.5 x 11 | Portrait

2025 GOALS

HEALTH

- ☐
- ☐
- ☐
- ☐
- ☐

RELATIONSHIPS

- ☐
- ☐
- ☐
- ☐
- ☐

PERSONAL

- ☐
- ☐
- ☐
- ☐
- ☐

PROFESSIONAL

- ☐
- ☐
- ☐
- ☐
- ☐

FINANCE

- ☐
- ☐
- ☐
- ☐
- ☐

ADVENTURE

- ☐
- ☐
- ☐
- ☐
- ☐