

Six Nations Rugby 2025


Round 1		
France	V	Wales
Friday 31st January 2025 20:15 - Stade de France, Paris		
Scotland	V	Italy
Saturday 1st February 2025 14:15 - Murrayfield, Edinburgh		
Ireland	V	England
Saturday 1st February 2025 16:45 - Aviva Stadium, Dublin		

Round 2		
Italy	V	Wales
Saturday 8th February 2025 14:15 - Stadio Olimpico, Rome		
England	V	France
Saturday 8th February 2025 16:45 - Twickenham Stadium, Twickenham		
Scotland	V	Ireland
Sunday 9th February 2025 15:00 - Murrayfield, Edinburgh		


Round 3		
Wales	V	Ireland
Saturday 22nd February 2025 14:15 - Millennium Stadium, Cardiff		
England	V	Scotland
Saturday 22nd February 2025 16:45 - Twickenham Stadium, Twickenham		
Italy	V	France
Sunday 23rd February 2025 15:00 - Stadio Olimpico, Rome		


Round 4		
Ireland	V	France
Saturday 8th March 2025 14:15 - Aviva Stadium, Dublin		
Scotland	V	Wales
Saturday 8th March 2025 16:45 - Murrayfield, Edinburgh		
England	V	Italy
Sunday 9th March 2025 15:00 - Twickenham Stadium, Twickenham		


Round 5		
Italy	V	Ireland
Saturday 15th March 2025 14:15 - Stadio Olimpico, Rome		
Wales	V	England
Saturday 15th March 2025 16:45 - Millennium Stadium, Cardiff		
France	V	Scotland
Saturday 15th March 2025 20:00 - Stade de France, Paris		

England points scored playing against ...	
	
Ireland	Round 1, Sat 1st Feb 16:45
France	Round 2, Sat 8th Feb 16:45
Scotland	Round 3, Sat 22nd Feb 16:45
Italy	Round 4, Sun 9th Mar 15:00
Wales	Round 5, Sat 15th Mar 16:45
Match Points total	

Scotland points scored playing against ...	
	
Italy	Round 1, Sat 1st Feb 14:15
Ireland	Round 2, Sun 9th Feb 15:00
England	Round 3, Sat 22nd Feb 16:45
Wales	Round 4, Sat 8th Mar 16:45
France	Round 5, Sat 15th Mar 20:00
Match Points total	

Wales points scored playing against ...	
	
France	Round 1, Fri 31st Jan 20:15
Italy	Round 2, Sat 8th Feb 14:15
Ireland	Round 3, Sat 22nd Feb 14:15
Scotland	Round 4, Sat 8th Mar 16:45
England	Round 5, Sat 15th Mar 16:45
Match Points total	

Ireland points scored playing against ...	
	
England	Round 1, Sat 1st Feb 16:45
Scotland	Round 2, Sun 9th Feb 15:00
Wales	Round 3, Sat 22nd Feb 14:15
France	Round 4, Sat 8th Mar 14:15
Italy	Round 5, Sat 15th Mar 14:15
Match Points total	

France points scored playing against ...	
	
Wales	Round 1, Fri 31st Jan 20:15
England	Round 2, Sat 8th Feb 16:45
Italy	Round 3, Sun 23rd Feb 15:00
Ireland	Round 4, Sat 8th Mar 14:15
Scotland	Round 5, Sat 15th Mar 20:00
Match Points total	

Italy points scored playing against ...	
	
Scotland	Round 1, Sat 1st Feb 14:15
Wales	Round 2, Sat 8th Feb 14:15
France	Round 3, Sun 23rd Feb 15:00
England	Round 4, Sun 9th Mar 15:00
Ireland	Round 5, Sat 15th Mar 14:15
Match Points total	

The Match Points system explained

The Union that wins the Match will be awarded four Match Points or (if it scores four tries or more in the process) five Match Points.

The Union that loses the Match will be awarded no Match Points or (if it scores four tries or more in the process or loses by a margin of seven points or fewer) one Match Point or (if it scores four tries or more in the process and loses by a margin of seven points or fewer) two Match Points.

Unions that draw a Match will each be awarded two Match Points and any of them that scores four tries or more in the process will be awarded a further one Match Point.

A Union that wins all five of its Matches (a 'Grand Slam') will be awarded a further three Match Points.

Use the coloured tables at the top to record the score. Use the grey tables to record the Match Points scored in each match.

The trophy

The trophy goes to the team with the highest number of Match Points.

If two or more teams are equal, they are placed based on the difference between the total points scored and the total points conceded on the fields of play in all matches.

If a team defeats all 5 other teams they get the title 'Grand Slam Winner'.

If one of the four Home teams (England, Ireland, Scotland or Wales) defeats the other three they are awarded 'The Triple Crown'.

