

MVMS Counseling Calendar

AUGUST

- EMOTION REGULATION/HELLO TOURS BY COUNSELING TEAM
- CONNECTION BEFORE CONTENT
- BACK TO SCHOOL
- START OF FIRST QUARTER COUNSELING GROUPS
- **SECOND STEP UNIT 1:** MINDSETS AND GOALS WEEKS OF 8/26- 9/3



SEPTEMBER

- SUICIDE PREVENTION AWARENESS MONTH
- START WITH HELLO WEEK SEPT. 16-20
- ATTENDANCE AWARENESS
- HISPANIC HERITAGE
- **SECOND STEP UNIT 2:** DEVELOPING A POSITIVE SENSE OF SELF WEEK OF 9/23



OCTOBER

- NATIONAL BULLYING PREVENTION
- RED RIBBON WEEK: OCT. 28- NOV. 1
- COLLEGE KICKOFF WEEK OF 10/18
- SUBSTANCE USE PRESENTATIONS: MONTH OF OCTOBER
- CALIFORNIA COLLEGE GUIDANCE INITIATIVE LESSON



NOVEMBER

- RECOGNIZING BULLYING/CULTURAL SENSITIVITY AND SEXUAL HARASSMENT PRESENTATIONS WEEK 11/18
- SALUTE A HERO
- NATIONAL HOMELESS AND RUNAWAY AWARENESS
- NATIVE AMERICAN HERITAGE MONTH
- START OF SECOND QUARTER COUNSELING GROUPS



DECEMBER

- **SECOND STEP UNIT 3:** THOUGHTS, EMOTIONS, DECISION WEEK OF 12/19
- 12/3? INTERNATIONAL DAY OF PERSONS W/ DISABILITIES



JANUARY

- GREAT KINDNESS CHALLENGE
- START OF THIRD QUARTER COUNSELING GROUPS



FEBRUARY

- BLACK HISTORY MONTH
- KINDNESS WEEK: FEB. 14-20
- **SECOND STEP UNIT 4:** MANAGING RELATIONSHIPS AND SOCIAL CONFLICT WEEK OF 2/10



MARCH

- SOCIAL/ EMOTIONAL LEARNING DAY 3/11
- WOMEN'S HISTORY MONTH
- ELECTIVE RUSH
- START OF FOURTH QUARTER COUNSELING GROUPS
- 8TH GRADE COLLEGE AND CAREER READINESS



APRIL

- CHILD ABUSE PREVENTION MONTH
- ARAB AMERICAN HERITAGE MONTH
- MENTAL WELLNESS PRESENTATIONS
- COUGAR PRIDE DAY



MAY

- MENTAL HEALTH AWARENESS MONTH
- MENTAL HEALTH AWARENESS WEEK 5/13-17
- ASIAN/ PACIFIC ISLANDER MONTH
- NATIONAL FOSTER YOUTH AWARENESS MONTH
- JEWISH AMERICAN HERITAGE MONTH



JUNE

- LGBTQIA+ PRIDE MONTH
- JUNETEENTH
- MEN'S MENTAL HEALTH AWARENESS MONTH
- MENTAL HEALTH RESOURCES FOR SUMMER



JULY

Summer Fun

