

2024 Seattle Seahawks Schedule

WK	DATE	OPPONENT	TIME (PT)	TV
1	Sun, Sep 8	vs Denver	1:05 PM	CBS
2	Sun, Sep 15	@ New England	10:00 AM	FOX
3	Sun, Sep 22	vs Miami	1:05 PM	CBS
4	Mon, Sep 30	@ Detroit	5:15 PM	ABC
5	Sun, Oct 6	vs New York	1:25 PM	CBS
6	Thu, Oct 10	vs San Francisco	5:15 PM	PRIME VIDEO
7	Sun, Oct 20	@ Atlanta	10:00 AM	FOX
8	Sun, Oct 27	vs Buffalo	1:05 PM	FOX
9	Sun, Nov 3	vs Los Angeles Rams	1:25 PM	FOX
10	BYE WEEK			
11	Sun, Nov 17	@ San Francisco	1:05 PM	FOX
12	Sun, Nov 24	vs Arizona	1:25 PM	FOX
13	Sun, Dec 1	@ New York Giants	10:00 AM	FOX
14	Sun, Dec 8	@ Arizona	1:05 PM	CBS
15	Sun, Dec 15	vs Green Bay	5:20 PM	NBC
16	Sun, Dec 22	vs Minnesota	1:05 PM	FOX
17	Thu, Dec 26	@ Chicago	5:15 PM	PRIME VIDEO
18	Fri, Jan 5	@ Los Angeles Rams	TBD	

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